

Instructions for use of Isohelix SK-1S/MS-01 Buccal Swabs







REF SK-1S, MS-01

Intended for the retrieval of buccal cells. Single use only.

Store at room temperature. Use only if swab wrapper remains intact.



Take your DNA sample at least 1 hour after eating, drinking or cleaning your teeth.
For best results, rinse mouth with water immediately prior to sampling.

1 	<p>Pull open the package from one end.</p>
2 	<p>Remove the swab from the tube, taking care not to touch the white swab head with your fingers</p>
3 	<p>Insert the swab into your mouth and rub firmly against the inside of your cheek or underneath lower and upper lip. For standard DNA collection rub for 1 minute and in all cases rub for a minimum of 20 seconds. Important – use reasonable, firm and solid pressure</p>
4 	<p>Place the swab back into the tube. Do not touch the swab head with your fingers</p>
5 	<p>Place your thumbnail in the small groove set in the handle, then snap the handle in two by bending to one side. Let the swab head fall into the tube.</p>
6 	<p>Seal the tube securely with the cap provided.</p>
7 <div data-bbox="459 1680 667 1747" style="border: 1px solid black; padding: 5px; text-align: center;"> Stabilise* </div>	<p>If the swab is to be stored for more than 1-2 days* before isolating the DNA, stabilise by either: 1: Using Isohelix Dri-Capsules Or 2: Storage at -20°C or -80°C Or 3: Using Isohelix stabilisation buffer BFX</p>

*See www.isohelix.com/products/dna-buccal-swab-stabilization/ for further information